

# Family Commitment

We, the \_\_\_\_\_ family commit ourselves to be holy and to dedicate ourselves to becoming holy according to the charism, spirituality and mission of the Families of Cana.

With the grace of God and through the intercession of Mary Help of Christians, Mother of Cana, we undertake to put God first by celebrating the Banquet of the Kingdom, the feast of the Wedding at Cana, every day in our family, especially at family mealtimes and prayertime; and every Sunday with the family of the children of God in the great feast of the Eucharist.

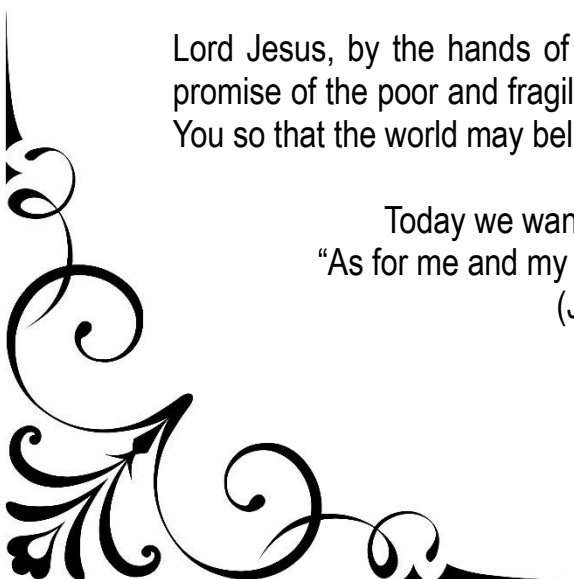
We commit ourselves in particular:

- + To celebrate faith in our family, in our parish and everywhere we stay, with joy, simplicity and generosity;
- + To build holy bonds between all the members of our family, between our family and the Church, between our family and the Families of Cana and between God and each one of us;
- + To meditate on the Word of God and teach it to the younger members of our family every day;
- + To meet Jesus through the sacraments, celebrated as far as possible as a family with a burning desire and holy haste;
- + To work so that our family becomes a cradle for holy vocations in matrimony, priesthood and the consecrated life;
- + To come together as a family once per day in our Family Prayer Corner to pray together, especially any part of the rosary;
- + To serve other families near us, being “living sources of water” just like Mary the mother of Jesus;
- + To renew our family consecration to Our Lady every day in order to be just like Her, doing everything that Jesus tells us;
- + To spread the joy of the Wedding at Cana to as many families as possible, making our family truly missionary.

Lord Jesus, by the hands of Our Lady Help of Christians, Mother of Cana, accept the promise of the poor and fragile lay jars that we are, and fill them with the Treasure that is You so that the world may believe in Your Love!

Today we want to solemnly say to You:  
“As for me and my house, we will serve the Lord.”  
(Josh 24:15).  
Amen.

**Families  
of  
Cana** 



Commitment made on \_\_\_\_\_

In \_\_\_\_\_

Celebrants: \_\_\_\_\_  
\_\_\_\_\_